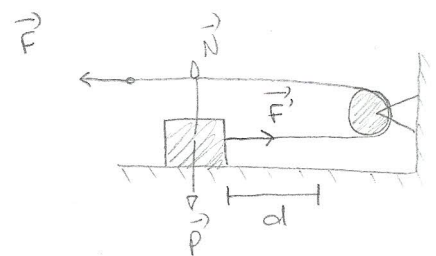


1)  
 Dadas:  
 $|\vec{F}| = 100 \text{ N}$   
 $v = ct$   
 $d = 10 \text{ m}$



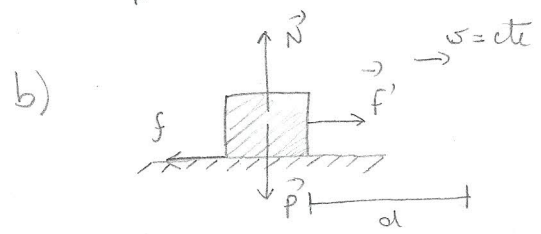
a)  $|\vec{F}| = |\vec{F}'| = 100 \text{ N}$  e  $\tau_F = \tau_{F'}$ . Logo:

$$\tau_{F'} = F \cdot d \cdot \cos \theta$$

$$\tau_F = \tau_{F'} = 1000 \text{ J}$$

$$\tau_{F'} = (100 \text{ N}) \cdot (10 \text{ m}) \cdot \cos(0)$$

$$\tau_{F'} = (100 \text{ N}) \cdot (10 \text{ m}) \cdot (1) = 1000 \text{ J}$$



$$\tau_f = f \cdot d \cdot \cos \theta$$

$$\tau_f = (100 \text{ N}) \cdot (10 \text{ m}) \cdot \cos(180^\circ)$$

$$\tau_f = (100 \text{ N}) \cdot (10 \text{ m}) \cdot (-1)$$

$$\tau_f = -1000 \text{ J}$$

Segunda Lei de Newton:

$$\Sigma F = 0, \text{ uma vez que } v = ct$$

$$F' - f = 0$$

$$F' = f = 100 \text{ N}$$

2) a pessoa sobe 5 degraus de 18cm cada. O deslocamento vertical da pessoa na subida totaliza  $5 \times 18 \text{ cm} = 90 \text{ cm}$ .

Dadas:  
 $m = 60 \text{ kg}$   
 $g = 10 \text{ m/s}^2$

O trabalho da força peso na subida é dado por:

$$\tau_P = P \cdot d \cdot \cos \theta$$

$$\tau_P = (mg) \cdot (h - h_0) \cdot \cos(180^\circ)$$

$$\tau_P = -mgh$$

$$\tau_P = (60 \text{ kg}) \cdot (10 \text{ m/s}^2) \cdot (0,9 \text{ m})$$

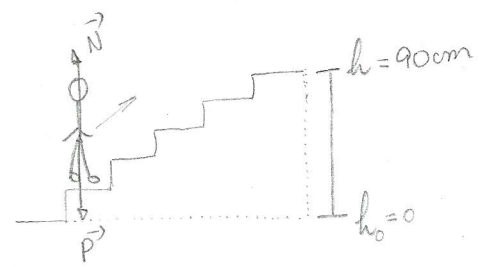
$$\tau_P = -540 \text{ J}$$

Considerando que não houve variação da velocidade da pessoa na subida temos:

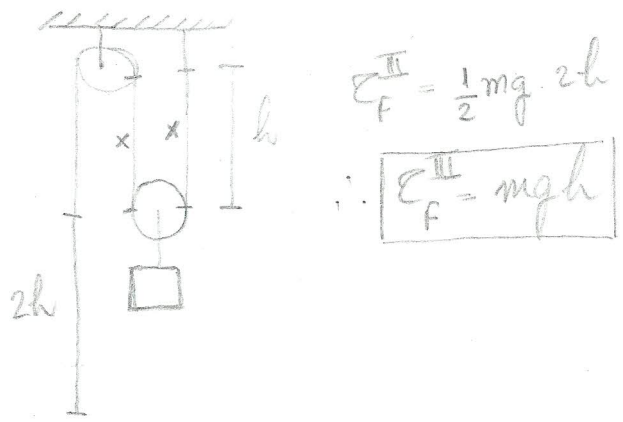
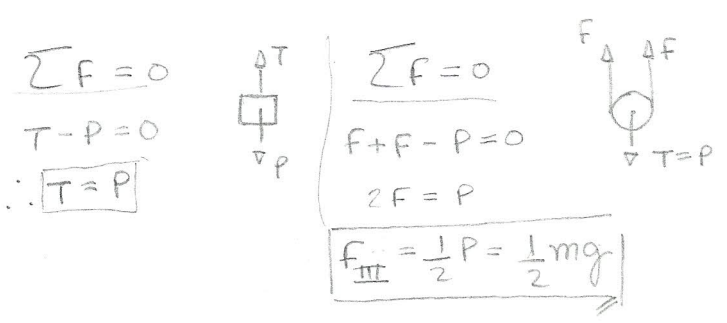
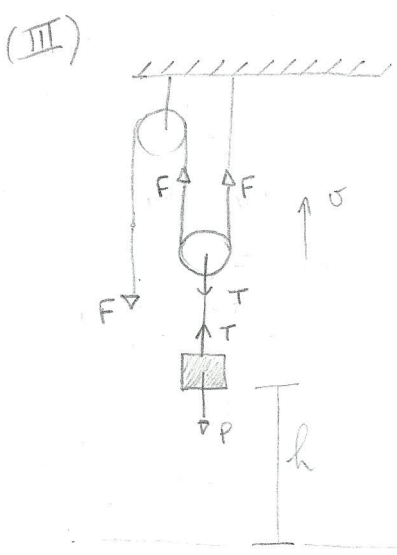
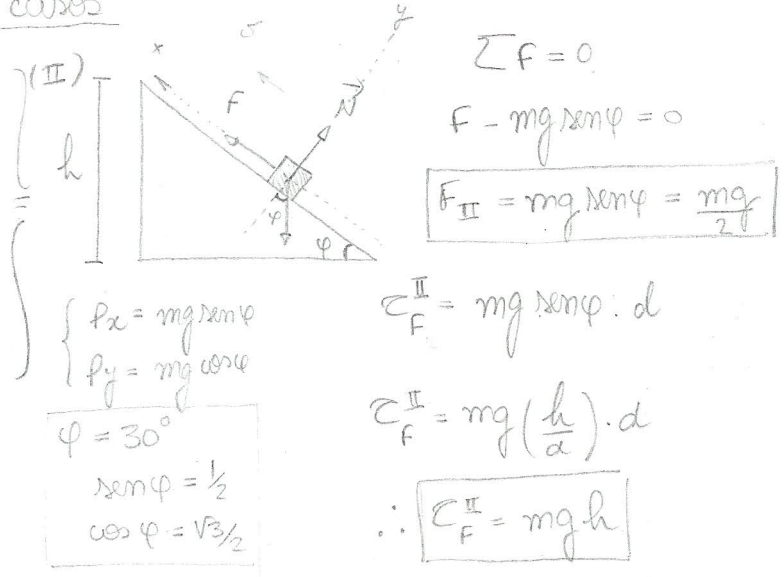
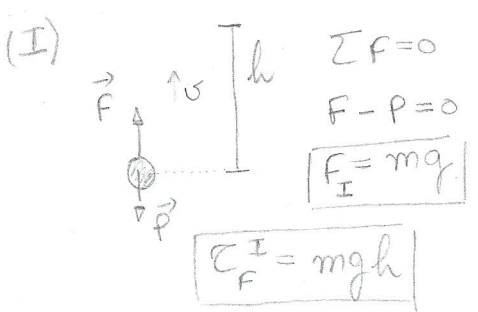
$$\tau_R = \tau_P + \tau_N = 0$$

$$\tau_N = -\tau_P$$

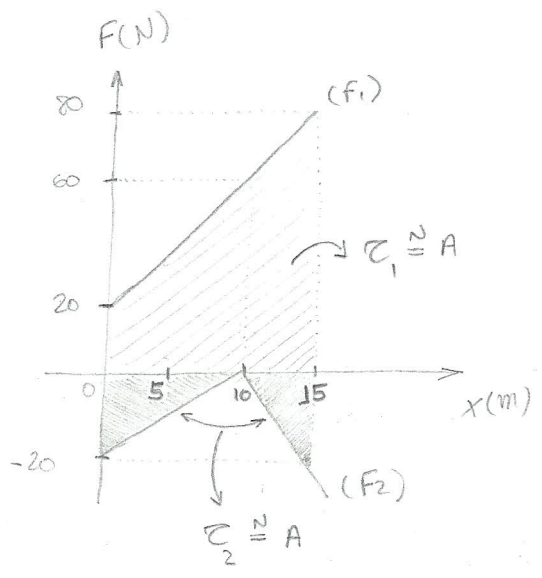
$$\tau_N = -(-540 \text{ J}) = 540 \text{ J}$$



3)  $\sigma = cte$  para todos os casos



- (01) V
  - (02) V
  - (04) V
- 4)  
 Dados:  
 $m = 12 \text{ kg}$



a)  $|\tau_1| = \frac{(B+b) \cdot h}{2} = \frac{(20+80) \cdot 15}{2} = 750 \text{ J}$

b)  $|\tau_2| = \frac{(B \cdot h)}{2} + \frac{(B \cdot h)}{2} = \frac{10 \cdot 20}{2} + \frac{5 \cdot 20}{2} = 150 \text{ J}$

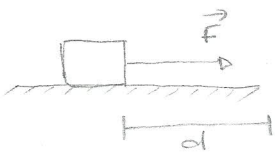
Como as áreas que compoem  $|\tau_2|$  estão abaixo do eixo  $Ox$ ,  $\tau_2 < 0$ .

$\tau_2 = -150 \text{ J}$

c)  $\tau_R = \tau_1 + \tau_2 = (750 \text{ J}) + (-150 \text{ J})$   
 $\therefore \tau_R = 600 \text{ J}$

5) (plano horizontal, força horizontal e  $\ell > 0$ )

Dados:  
 $|\vec{F}| = 50 \text{ N}$   
 $\tau_f = 400 \text{ J}$   
 $d = ?$

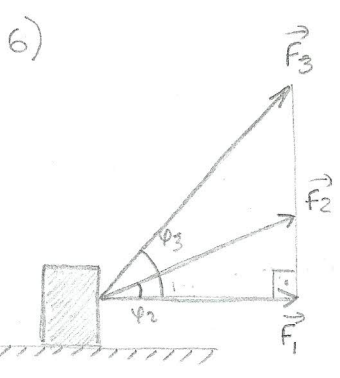


$$\tau_f = F \cdot d$$

$$d = \frac{\tau_f}{F}$$

$$d = \frac{400 \text{ J}}{50 \text{ N}}$$

$$\therefore d = 8 \text{ m}$$



$$\begin{cases} F_{2x} = F_2 \cos \phi_2 \\ F_{2y} = F_2 \sin \phi_2 \end{cases}$$

$$\begin{cases} F_{3x} = F_3 \cos \phi_3 \\ F_{3y} = F_3 \sin \phi_3 \end{cases}$$

\* Relações trigonométricas importantes

$$\sin^2 \phi + \cos^2 \phi = 1$$

$$\cos^2 \phi = 1 - \sin^2 \phi$$

$$F_2^2 = F_1^2 + F_{2y}^2$$

$$F_2^2 = F_1^2 + (F_2 \cdot \sin \phi_2)^2$$

$$F_2^2 = F_1^2 + F_2^2 \cdot \sin^2 \phi_2$$

$$F_2^2 - F_2^2 \cdot \sin^2 \phi_2 = F_1^2$$

$$F_2^2 (1 - \sin^2 \phi_2) = F_1^2$$

$$F_2^2 \cdot \cos^2 \phi_2 = F_1^2$$

$$\therefore \boxed{F_1 = F_2 \cdot \cos \phi_2}$$

$$F_3^2 = F_1^2 + F_{3y}^2$$

$$F_3^2 = F_1^2 + (F_3 \sin \phi_3)^2$$

$$F_3^2 = F_1^2 + F_3^2 \cdot \sin^2 \phi_3$$

$$F_3^2 - F_3^2 \sin^2 \phi_3 = F_1^2$$

$$F_3^2 (1 - \sin^2 \phi_3) = F_1^2$$

$$F_3^2 \cos^2 \phi_3 = F_1^2$$

$$\therefore \boxed{F_1 = F_3 \cdot \cos \phi_3}$$

Logo a caixa é arrastada de A para B, da esquerda para a direita. As componentes horizontais de  $\vec{F}_2$  e  $\vec{F}_3$  têm mesmo módulo direção e sentido de  $\vec{F}_1$ . Além disso, as componentes horizontais de  $\vec{F}_2$  e  $\vec{F}_3$  e  $\vec{F}_1$  têm a mesma direção e o mesmo sentido do deslocamento.

Logo,  $\boxed{\tau_1 = \tau_2 = \tau_3}$  (c)

7)

Dados:

$$m = 10g = 0,01 \text{ kg}$$

$$v_0 = 120 \text{ m/s}$$

$$d = 20 \text{ cm} = 0,2 \text{ m}$$

$$v = 0 \text{ m/s}$$

$$v_0 = 120 \text{ m/s}$$

$$m = 10g$$

$$v = 0 \text{ m/s}$$

$$m = 10g$$

$$d = 20 \text{ cm}$$

Do teorema Trabalho - Energia Cinética temos:

$$\boxed{W_R = \Delta K}, \text{ onde } K = \frac{1}{2} m v^2$$

$$W_f = \left( \frac{1}{2} m v^2 - \frac{1}{2} m v_0^2 \right)$$

$$\boxed{W_f = f \cdot d}$$

$$W_f = -\frac{1}{2} m v_0^2 = -\frac{1}{2} (0,01 \text{ kg}) \cdot (120 \text{ m/s})^2$$

$$f = \frac{W_f}{d} = \frac{-72 \text{ J}}{0,2 \text{ m}} = -360 \text{ N} = -3,6 \times 10^{-2} \text{ N}$$

$$\therefore W_f = -72 \text{ J}$$

$$\boxed{|\vec{f}| = 3,6 \times 10^{-2} \text{ N}}$$

8)

Dados:

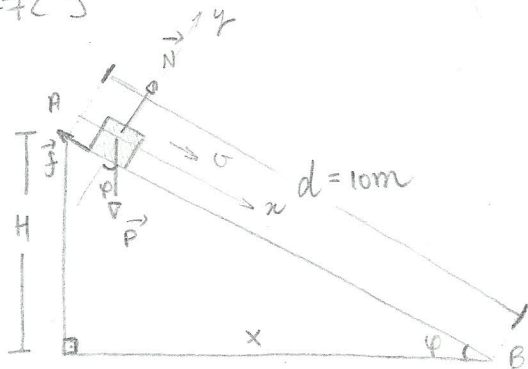
$$m = 2,0 \text{ kg}$$

$$v_0 = 5,0 \text{ m/s}$$

$$|\vec{f}| = 7,5 \text{ N}$$

$$d = 10 \text{ m}$$

$$g = 10 \text{ m/s}^2$$



$$\begin{cases} P_x = P \sin \phi \\ P_y = P \cos \phi \end{cases}$$

$$\boxed{W_f = -f \cdot d}$$

$$W_{P_x} = P_x \cdot d = P \cdot \sin \phi \cdot d$$

$$\boxed{W_{P_x} = P \cdot \left( \frac{H}{d} \right) \cdot d = P \cdot h = mgH}$$

$$\boxed{W_R = W_f + W_{P_x}}$$

$$W_R = -f \cdot d + mgH$$

2º Teorema Trabalho - Energia Cinética:

$$\boxed{W_R = \Delta K = (K' - K_0)}, \text{ com } K = \frac{1}{2} m v^2$$

$$\text{Temos: } -f \cdot d + mgH = 0 - \frac{1}{2} m v_0^2$$

$$-f \cdot d + mgH = -\frac{1}{2} m v_0^2$$

$$mgH = -\frac{1}{2} m v_0^2 + f \cdot d$$

$$H = \frac{f \cdot d}{mg} - \frac{m v_0^2}{2mg}$$

$$\boxed{H = \frac{f \cdot d}{m \cdot g} - \frac{v_0^2}{2g}}$$

$$H = \frac{7,5 \text{ N} \cdot 10 \text{ m}}{2,0 \text{ kg} \cdot 10 \text{ m/s}^2} - \frac{(5,0 \text{ m/s})^2}{2 \cdot (10 \text{ m/s}^2)}$$

$$\therefore \boxed{H = 2,5 \text{ m}}$$

4)

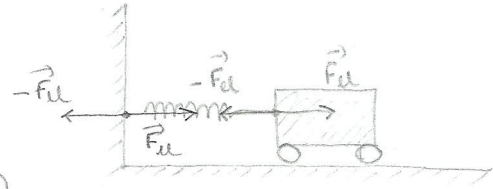
a)

Dados:

$$k = 200 \frac{\text{N}}{\text{m}}$$

$$x = 20 \text{ cm} = 0,2 \text{ m}$$

$$m = 2,0 \text{ kg}$$



a)  $|\vec{F}_{el}| = k \cdot x = 200 \frac{\text{N}}{\text{m}} \cdot 0,2 \text{ m}$

$$\therefore |\vec{F}_{el}| = 40 \text{ N}$$

b)  $\mathcal{E}_{F_{el}} = \frac{1}{2} k x^2$

$$\mathcal{E}_{F_{el}} = \frac{1}{2} (200 \frac{\text{N}}{\text{m}}) \cdot (0,2 \text{ m})^2$$

$$\therefore \mathcal{E}_{F_{el}} = 4 \text{ J}$$

c)  $\mathcal{E} = (\frac{1}{2} m v'^2 - \frac{1}{2} m v_0^2)$

$$v_0 = 0 \text{ m/s}$$

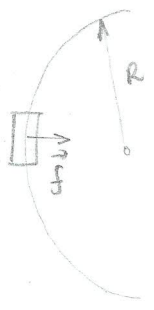
$$v' = ?$$

$$\mathcal{E} = \frac{1}{2} m v'^2$$

$$4 \text{ J} = \frac{1}{2} (2,0 \text{ kg}) \cdot v'^2$$

$$v' = 2 \text{ m/s}$$

10) Dados:  $M, R, \mu$



$$\begin{cases} F_c = M \cdot a_c \\ a_c = \frac{v^2}{R} \end{cases} \rightarrow F_c = M \cdot \frac{v^2}{R}$$

$$f = \mu \cdot N = \mu mg$$

$$f = F_c$$

$$\mu mg = M \cdot \frac{v^2}{R}$$

$$\mu g = \frac{v^2}{R}$$

$$v = \sqrt{\mu R g}$$

— || —